CONTEMPLATIVE SPIRITUAL DIRECTION TRAINING

2016-2018 WEEKDAY COHORT
Franciscan Spiritual Center, Aston, Pennsylvania
with Carolynne Ervin and Robert Woodcock

Program Vision

At Kairos, we envision people transformed by God’s love into the mind and heart of Christ for their sake and for the sake of the world.

Course Description

To learn the art and practice of spiritual direction through the study of literature, the experience of spiritual guidance, theological reflection on assigned readings and participation in supervision.

Objectives of the Spiritual Formation Program

1. To experience what it means to be contemplative as a spiritual director.
2. To grow in understanding the ways of God in human experience.
3. To develop skills for being a spiritual companion and spiritual director.
4. To become knowledgeable in the literature on spiritual direction and new spiritual constructs.
5. To acquire resources for the practice of spiritual direction in the life of one’s community or congregation (as applicable).
6. To deepen one’s own journey and awareness of spiritual movements and personal response.
7. To commit to ethical and professional practice as spiritual directors, as guided by the Spiritual Directors International Code of Ethics.
Course Requirements

1) **Spiritual Disciplines:**
   a. Engage life-giving spiritual practices and meet with a spiritual director on a monthly basis.
   b. Between year one and year two take at least a 48 hour guided silent retreat.

2) **Seminar Participation:** Participate regularly in class sessions and complete the assigned readings prior to class sessions.

3) **Spiritual Direction:** Provide spiritual direction for at least two persons, over the age of 18 years of age, for a minimum of twenty sessions in two years, with a goal of having at least seven sessions with one person. Students will be limited to a maximum of four persons at one time while in training.

4) **Joining Spiritual Directors International (SDI):** SDI membership and spiritual direction insurance is highly recommended. To join SDI at a student membership, you have the opportunity to get both the monthly journal, *Presence*, and obtain SD insurance. See your KAIROS class facilitator for forms.

5) **Reading:** Read and interact with the texts and assigned readings each month prior to the class session.

6) **Reporting and Presentations:**
   a. Write a verbatim to be submitted (by email attachment) to the supervisors each month, one week prior to the class session at the Jesuit Center.
   b. Post a general report on the designated SDT student forum one week prior to the class. This report (1 page) will include: Reflections on living the contemplative life, reflections on your prayer and journey with God, interaction with readings – including your questions or learnings; and/or questions you have about spiritual direction in general, not regarding an individual directee.

7) **Mid-course Reflection/Evaluation:** Provided at the end of the first year by both supervisor and student director. At that time, the trajectory of the student toward a practice of formal spiritual direction or a more informal role of spiritual friend will be discussed.

The Language of God

“The purpose of spiritual direction is to help people become aware of the mystery of God’s presence and action in human experience, and to assist them in making fuller and freer response to it.” (*Sacred is the Call* p.19)

Throughout this course we seek to explore the myriad ways of naming, noticing, and experiencing the Divine. Acknowledging the inadequacy of language, we do, however, invite you to explore, first, your own language for God and in addition, we invite you to listen carefully to ways others speak of God. We invite you to explore use of inclusive language for God in your reporting and conversation. Our theological assumption is that this Mystery we call God is named and known in many images, both human and nonhuman and that all images for God are incomplete. Therefore we attempt to use inclusive language for God. We encourage patience and respect for one another as we seek to increase our awareness and sensitivity to the myriad ways we speak of the Divine and our diverse experiences.
About the Readings

The books you read in this training program represent a wide variety of styles, themes, authors, and ideas. We hope you will find something to challenge, interest, allure, and provoke you in each of them. We do not agree with everything they say, and we don’t expect you to either! The wrestling is the learning.

We hope that these readings will help nurture your own spiritual journey and your ministry with others. Notice what draws you. If you find things you disagree with, that’s fine. Wrestle with the author a bit. Perhaps you can get a sense of what matters to the author, and where you come out on that question.

KAIROS students come from a variety of perspectives in theology and on current issues such as inclusive language, sexual identity, and environmental concern. At KAIROS, we seek to be grounded in a contemplative spirituality that we believe can be compatible with a spectrum of theological or denominational positions. We want to nurture your contemplative capacities, and help you integrate a contemplative dimension into whatever theology you bring.

We hope that you’ll come away from each reading with something that helps you to grow in the experience of loving and being loved by God, and sharing that love with the world.

Primary Texts  (Note: Journal articles cited in this prospectus will be provided to you.)

Book List for Enrichment

Connato, Judy. *Field of Compassion: How the New Cosmology is Transforming Spiritual Life.* Sorin Books, 2010
Demarest, Bruce Dr. *Soul Guide – Following Jesus As Spiritual Director.* Navpress, 2003.
Houdek, Frank J. *Guided by the Spirit: A Jesuit Perspective on Spiritual Direction.* Loyola, 1996.
Nouwen, Henri, with Michael J. Christensen and Rebecca J. Laird. *Spiritual Direction – Wisdom for

Resources for Enrichment
http://www.sdiworld.org/
http://www.shalem.org/
DVD “Into Great Silence” Zeitgeist Films
http://www.cacradicalgrace.org
http://www.youtube.com/watch?v=LzDtdYu3mA “The Big Silence”

Retreat Location–Franciscan Spiritual Center, Aston, Pennsylvania

All sessions are held at the quiet and beautiful campus of the Franciscan Spiritual Center, 609 S. Convent Road, Aston, PA 19014. There are classrooms, chapels, and a beautiful campus and walking paths for strolling and solitude. Students have private rooms with shared baths. All meals are served buffet style, with the option for eating in silence. Visit www.fscaston.org for more information about the facility and accommodations.

* Special Note: If you have special dietary needs, mobility issues, or other needs that might impact your program experience, please notify Kairos staff when registering so that appropriate accommodations can be made.
About the Faculty

Carolynne Ervin was the Coordinator of the Spiritual Direction Practicum at Chestnut Hill College fourteen years and joined the Kairos faculty in September 2014. She has been on the staff of both the SSJ Center for Spirituality in Chestnut Hill, PA and the Jesuit Center for Spiritual Growth in Wernersville, PA and is a visiting director at St. Mary’s by the Sea, Cape May Point, NJ. Carolynne has been involved in the ministry of spiritual direction and directed retreats, as well as the training and supervision of spiritual directors for over thirty years. Carolynne holds an MA in Christian Spirituality from Creighton University in Omaha, NE and received her Certificate in Spiritual Direction from the SSJ Center for Spirituality and her Certificate in Supervision of Spiritual Direction from the Mercy Center in Burlingame, CA.

Robert Woodcock is the founder of Integrative Guidance, where he provides spiritual guidance for life, leadership and work for those in ministry and the marketplace. He received his D.Min. from Ashland Seminary and is trained as a spiritual director, supervisor of spiritual directors and in Ignatian spirituality. He has served as Adjunct Professor in Spiritual Direction, N.T. Greek and Biblical Studies. He has served in a variety of church and ministry organizations in the areas of leadership development, coaching, consulting, spiritual direction, church planter, missionary and pastor.
Cost and Payment Schedule

The cost is based on 18 weekday retreats (Sept. 2016-May 2018). This class meets monthly during the week, September through May. Classes begin on Wednesday at 2 p.m. and continue through Friday noon at the Franciscan Spiritual Center, Aston, PA. Also includes Advent Days.

Tuition

Room & Board

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<th>Payment Schedule (2017-2018)</th>
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Friday noon at the Franciscan Spiritual Center, Aston, PA. Also includes Advent Days.

Scholarships / Grants

Financial aid is available on a very limited basis. Applicants are encouraged to seek other sources of funding from their local church or religious affiliations. Scholarships are awarded based on available funds and are limited to $500. Contact Mary Kay Alpaugh, Interim Director, at director@kairosjourney.org for more information. Scholarship applications are due July 15.

Enrollment Process

1. Complete a program application and submit along with $150 application fee.
2. Write a personal essay and submit with application.
3. Have three personal references write a letter of recommendation for you. Individuals should send letters to the Kairos office (office@kairosjourney.org or address below).
4. When the office has received your application, essay, and letters of recommendation items will be reviewed by KAIROS faculty. You will then be contacted to schedule a personal interview.
5. You will then receive a final letter to confirm your enrollment. You may then make first tuition payment by August 1, 2016.
Class Schedule

September 28-30, 2016
Introduction to Contemplative Spiritual Direction Training; Review of Syllabus

Readings
Barry & Connolly – Chapters 1-4
Buckley – Chapters 1-3
Bourgeault – *Centering Prayer and Inner Awakening* (whole book)

Wednesday
2:00  Gathering, Introductions, Welcome, Sharing
4:00  Review of syllabus, readings, assignments
5:45  Dinner
7:00  Beginning your Spiritual Direction Training Journal & Examen of your SDT experience
8:30  All School Prayer
9:00  Silence into the night

Thursday
7:15  Center Prayer (optional)
7:45  Breakfast
8:30  Morning Prayer; Reflections on the silence
9:00  Introduction to Spiritual Direction
11:15 Practicum: Spiritual Direction Session with an Instructor
12:30 Lunch
2:30  Practicum: Noticing Exercise
4:00  Practicum: Companioning Exercise with Another
5:45  Dinner
7:00  Introduction to Contemplative Sharing
8:30  Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
      Silence into the night

Friday
7:15  Lectio Divina (optional)
7:45  Breakfast
9:00  Review of readings
10:00 Gathering the Graces/Reflections on the Weekend
11:00 Closing – All School Prayer
12:00 Lunch
Class Schedule

October 19-21, 2016
Beginning Spiritual Direction and Ethical Considerations - Part 1

Readings
Barry & Connolly – Chapter 5
Guenther – Chapters 1, 2, 3
Wagner - Chapter 1, "Spiritual Directors: Teachers and Guardians of Mystery"
Silver - Chapters 1, 2 & 4
Jorgensen – “Seeking This Mystery We Call God” Presence 1997
SDI Code of Ethics

Wednesday
2:00   Gathering
2:45   Beginning Spiritual Direction
4:00   Exercise: Beginning Direction Role-Play
5:45   Dinner
7:00   Class session as announced
8:30   All School Prayer
       Silence into the Night

Thursday
7:15   Centering Prayer (optional)
7:45   Breakfast
8:30   Morning Prayer; Reflections on the Silence
9:00   Practicum: Spiritual Direction with an Instructor
10:15  Practicum: Following the Movement of God
12:30  Lunch
2:30   Reflection & Discussion on Readings
3:30   Class session
5:45   Dinner
7:00   Practicum:
8:30   Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
       Silence into the night

Friday
7:15   Lectio Divina (optional)
7:45   Breakfast
9:00   Practicum: Finding Directees
10:00  Gathering the Graces
11:00  Closing – All School Prayer
12:00  Lunch
Class Schedule

November 16-18, 2016
On Being Contemplative

Readings
Barry & Connolly – Chapter 11
Laird – *Into the Silent Land* (whole book)

Wednesday
2:00  Gathering
2:45  Discussion and Reporting: Progress in finding Directees
3:30  Practicum
5:45  Dinner
7:00  Class session as announced
8:30  All School Prayer
      Silence into the Night

Thursday
7:15  Centering Prayer (optional)
7:45  Breakfast
8:30  Morning Prayer; Reflections on the Silence
9:00  What is Contemplative Spiritual Direction?
11:00 Practicum: Spiritual Direction with an Instructor
11:45 Class session
12:30 Lunch
2:30  Class session
4:00  Practicum: Getting Started – The First Session
5:45  Dinner
7:00  Practicum:
8:30  Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
      Silence into the Night

Friday
7:15  Lectio Divina (optional)
7:45  Breakfast
9:00  Preparation for Verbatims and Supervision
10:00 Gathering the Graces
11:00 Closing – All School Prayer
12:00 Lunch

December 3, 2016:
**Advent Day of Prayer Retreat at the Jesuit Center, Wernersville, Pa**
— Saturday only — 9:00 a.m.-4:00 p.m. (*cost included in program tuition*)

Please be sure to register with the KAIROS office by email to confirm your intention to attend (office@KAIROSjourney.org). If you are unable to attend Advent Day of Prayer you may attend another KAIROS day retreat, for example, the “Enneagram” retreat (see [www.KAIROSjourney.org](http://www.KAIROSjourney.org) for scheduled dates).

Reading:  Blythe - *50 Ways to Pray – Practices from Many Traditions and Times* (whole book)
January 18-20, 2017
Attending to the God-Person Relationship

Readings
Barry & Connolly – Chapters 6, 7
Conroy – Chapters 4, 5
Buckley – Chapters 4-6

Wednesday
2:00  Gathering
2:45  Reporting in and Discussion of Issues in Spiritual Direction
3:30  Supervision 1
4:30  Supervision 2
5:45  Dinner
7:00  Supervision 3
8:30  All School Prayer
      Silence into the Night

Thursday
7:15  Centering Prayer (optional)
7:45  Breakfast
8:30  Morning Prayer; Reflections on the Silence
9:00  Attending to the God-Person Relationship
11:15 Practicum: Spiritual Direction with Instructor
12:30 Lunch
3:30  Supervision 4
4:30  Supervision 5
5:45  Dinner
7:00  Practicum:
8:30  Prayer (Prayer of Imagination, Examen, etc - TBA optional)
      Silence into the Night

Friday
7:15  Lectio Divina (optional)
7:45  Breakfast
9:00  Reflection on and Discussion of Readings
10:00 Gathering the Graces
11:00 Closing – All School Prayer
12:00 Lunch
Class Schedule

February 15-17, 2017
Attending to the Director-Directee Relationship, Ethical Issues - Part 2

Readings
Barry & Connolly – Chapters 8-10
Conroy – Chapters 6-11
Silver - Chapters 5, 6

Wednesday
2:00  Gathering
2:45  Reporting in and Discussion of Issues in Spiritual Direction
3:30  Supervision 1
4:30  Supervision 2
5:45  Dinner
7:00  Supervision 3
8:30  All School Prayer
      Silence into the Night

Thursday
7:00  Centering Prayer (optional)
7:45  Breakfast
8:30  Morning Prayer; Reflections on the Silence
9:00  Attending to the Director-Directee Relationship
11:15 Practicum: Spiritual Direction with Instructor
12:30 Lunch
3:30  Supervision 4
4:30  Supervision 5
5:45  Dinner
7:00  Practicum:
8:30  Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
      Silence into the Night

Friday
7:15  Lectio Divina (optional)
7:45  Breakfast
9:00  Reflection on and Discussion of Readings
10:00 Gathering the Graces
11:00 Closing – All School Prayer
12:00 Lunch
March 22-24, 2017
Spiritual Direction and Spiritual Practices

Readings
Taylor - *An Altar in the World* (whole book)
Review *50 Ways to Pray* by Blythe
http://www.spiritualityandpractice.com/
http://sacredspace.ie/
http://www.sdiworld.org/
http://www.shalem.org/

Wednesday
2:00  Gathering
2:45  Reporting in and Discussion of Issues in Spiritual Direction
3:30  Supervision 1
4:30  Supervision 2
5:45  Dinner
7:00  Supervision 3
8:30  All School Prayer
      Silence into the Night

Thursday
7:15  Centering Prayer (optional)
7:45  Breakfast
8:30  Morning Prayer; Reflections on the Silence
      Spiritual Direction and Spiritual Practices
11:15 Practicum: Spiritual Direction with Instructor
12:30 Lunch
3:30  Supervision 4
4:30  Supervision 5
5:45  Dinner
7:00  Practicum:
      8:30  Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
      Silence into the Night

Friday
7:15  Lectio Divina (optional)
7:45  Breakfast
9:00  Reflection on and Discussion of Readings
10:00 Gathering the Graces
11:00 Closing – All School Prayer
12:00 Lunch
**Class Schedule**

**April 19-21, 2017**  
Discernment in Spiritual Direction - Part 1

**Readings**  
Silf – *Inner Compass* (whole book)  
Conroy – Chapters 1-3

**Wednesday**

- 2:00 Gathering
- 2:45 Reporting in and Discussion of Issues in Spiritual Direction
- 3:30 Supervision 1
- 4:30 Supervision 2
- 5:45 Dinner
- 7:00 Supervision 3
- 8:30 All School Prayer
  
**Silence into the Night**

**Thursday**

- 7:15 Centering Prayer (optional)
- 7:45 Breakfast
- 8:30 Morning Prayer; Reflections on the Silence
- 9:00 Discernment in Spiritual Direction
- 11:15 Practicum: Spiritual Direction with Instructor
- 12:30 Lunch
- 3:30 Supervision 4
- 4:30 Supervision 5
- 5:45 Dinner
- 7:00 Practicum:
- 8:30 Prayer (Prayer of Imagination, Examen, etc. - TBA, optional)
  
**Silence into the Night**

**Friday**

- 7:15 Lectio Divina (optional)
- 7:45 Breakfast
- 9:00 Reflection on and Discussion of Readings
- 10:00 Gathering the Graces
- 11:00 Closing – All School Prayer
- 12:00 Lunch
May 17-19, 2017
Spiritual Direction, Counseling and other Professional Ministries

Readings
May – Care of Mind, Care of Spirit (whole book)
Wagner - Chapter 2 "Pastoral Counseling or Spiritual Direction: What's the Difference?"

Wednesday
2:00 Gathering
2:45 Reporting in and Discussion of Issues in Spiritual Direction
3:30 Supervision 1
4:30 Supervision 2
5:45 Dinner
7:00 Supervision 3
8:30 All School Prayer
Silence into the Night

Thursday
7:15 Centering Prayer (optional)
7:45 Breakfast
8:30 Morning Prayer; Reflections on the Silence
9:00 Spiritual Direction with a Counseling Agenda
11:15 Practicum: Spiritual Direction with Instructor
12:30 Lunch
3:30 Supervision 4
4:30 Supervision 5
5:45 Dinner
7:00 Practicum: Plans and Preparations for the Summer
8:30 Prayer (Year End Celebration - TBA)
Silence into the Night

Friday
7:15 Lectio Divina (optional)
7:45 Breakfast
9:00 Reflection on and Discussion of Readings
10:00 Gathering the Graces
11:00 Closing – All School Prayer
12:00 Lunch

NOTE: FOR THOSE INTENDING TO DO DIRECTION OVER THE SUMMER, YOU MUST RECEIVE SUPERVISION. PLEASE CLEAR THAT AND MAKE ARRANGEMENTS WITH YOUR SUPERVISOR.
Class Schedule

September 20-22, 2017
Discernment in Spiritual Direction - Part 2

Readings
Liebert – *The Way of Discernment* (whole book)

Wednesday
2:00 Gathering
2:45 Reporting in and Discussion of Issues in Spiritual Direction
3:30 Supervision 1
4:30 Supervision 2
5:45 Dinner
7:00 Supervision 3
8:30 All School Prayer
Silence into the Night

Thursday
7:15 Centering Prayer (optional)
7:45 Breakfast
8:30 Morning Prayer; Reflections on the Silence
9:00 Discernment and Spiritual Direction
11:15 Practicum: Spiritual Direction with Instructor
12:30 Lunch
3:30 Supervision 4
4:30 Supervision 5
5:45 Dinner
7:00 Practicum: Revisiting our SDT Examen
8:30 Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
Silence into the Night

Friday
7:15 Lectio Divina (optional)
7:45 Breakfast
9:00 Reflection on and Discussion of Readings
10:00 Gathering the Graces
11:00 Closing – All School Prayer
12:00 Lunch
Class Schedule

October 18-20, 2017
Human Formation and Spiritual Direction

Readings
Buckley – Chapter 9 "Maturing in Faith/Stages in the Adult Spiritual Journey"
Benner – Spirituality and the Awakening Self (whole book)

Wednesday
2:00    Gathering
2:45    Reporting in and Discussion of Issues in Spiritual Direction
3:30    Supervision 1
4:30    Supervision 2
5:45    Dinner
7:00    Supervision 3
8:30    All School Prayer
         Silence into the Night

Thursday
7:15    Centering Prayer (optional)
7:45    Breakfast
8:30    Morning Prayer; Reflections on the Silence
9:00    Human Formation and Spiritual Direction
11:15   Practicum: Spiritual Direction with Instructor
12:30   Lunch
3:30    Supervision 4
4:30    Supervision 5
5:45    Dinner
7:00    Practicum:
8:30    Prayer (Prayer of Imagination, Examen, etc. - TBA, optional)
         Silence into the Night

Friday
7:15    Lectio Divina (optional)
7:45    Breakfast
9:00    Reflection on and Discussion of Readings
10:00   Gathering the Graces
11:00   Closing – All School Prayer
12:00   Lunch
Class Schedule

November 15-17, 2017
Befriending Our Desires

Readings
Sheldrake - Befriending Our Desires (whole book)

Wednesday
2:00  Gathering
2:45  Reporting in and Discussion of Issues in Spiritual Direction
3:30  Supervision 1
4:30  Supervision 2
5:45  Dinner
7:00  Supervision 3
8:30  All School Prayer
     Silence into the Night

Thursday
7:45  Breakfast
8:30  Morning Prayer; Reflections on the Silence
9:00  Integral Spirituality and Spiritual Direction
11:15 Practicum: Spiritual Direction with Instructor
12:30 Lunch
3:30  Supervision 4
4:30  Supervision 5
5:45  Dinner
7:00  Practicum:
8:30  Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
     Silence into the Night

Friday
7:15  Lectio Divina (optional)
7:45  Breakfast
9:00  Reflection on and Discussion of Readings
10:00 Gathering the Graces
11:00 Closing – All School Prayer
12:00 Lunch

December 2, 2017
Advent Day of Prayer Retreat at the Jesuit Center, Wernersville, Pa
— Saturday only — 9 a.m. to 4 p.m. (included in the tuition)

**Please be sure to register with the KAIROS office by email to confirm your intention to attend (office@KAIROSjourney.org).
Class Schedule

January 17-19, 2018
Diversity in Spiritual Direction - Gender, Culture, Tradition

Readings
Buckley - Chapter 12; Wagner - Chapter 4; Guenther - Chapter 4
Burak, Meeting the Challenges of Interfaith Spiritual Direction, Presence, September 2011
Hembree - "Inhabiting Our Interfaith Reality: Spiritual Direction in and Inter-Religious Age,” (Presence, June 2012)
Parks - “Cross-cultural Spiritual Direction: Dancing with a Stranger,” (Presence, March 2010)
Rohr – “Boys Don’t Cry,” (Sojourners Magazine/July 2010) – article at this link:
http://www.sojo.net/index.cfm?action=article.magazine&issue=soj1007&article=boys-don-t-cry
Ruffing – “Spiritual Direction with Women: Reclaiming and Reinterpreting Key Themes from the Spiritual Tradition” (Presence article, September 2006)
... And other articles provided.

Wednesday
2:00 Gathering
2:45 Reporting in and Discussion of Issues in Spiritual Direction
3:30 Supervision 1
4:30 Supervision 2
5:45 Dinner
7:00 Supervision 3
8:30 All School Prayer
Silence into the Night

Thursday
7:15 Centering Prayer (optional)
7:45 Breakfast
8:30 Morning Prayer; Reflections on the Silence
9:00 Gender Issues in Spiritual Direction
11:15 Practicum: Spiritual Direction with Instructor
12:30 Lunch
3:30 Supervision 4
4:30 Supervision 5
5:45 Dinner
7:00 Practicum:
8:30 Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
Silence into the Night

Friday
7:15 Lectio Divina (optional)
7:45 Breakfast
9:00 Reflection on and Discussion of Readings
10:00 Gathering the Graces
11:00 Closing – All School Prayer
12:00 Lunch
Class Schedule

February 21-23, 2018
Sexuality, Spirituality and Spiritual Direction

Readings
- Sheldrake – Chapter 4
- May – Care of Mind, Care of Spirit 134-148
- Buckley – Chapter 11
- Wagner - Chapter 13
- Anastasiadis - “Whisperings of Intimacy: Sexuality, Spirituality and Spiritual Direction” (Presence, December 2009)

Wednesday
- 2:00 Gathering
- 2:45 Reporting in and Discussion of Issues in Spiritual Direction
- 3:30 Supervision 1
- 4:30 Supervision 2
- 5:45 Dinner
- 7:00 Supervision 3
- 8:30 All School Prayer
- Silence into the Night

Thursday
- 7:15 Centering Prayer (optional)
- 7:45 Breakfast
- 8:30 Morning Prayer; Reflections on the Silence
- 9:00 Sexuality and Spiritual Direction
- 11:15 Practicum: Spiritual Direction with Instructor
- 12:30 Lunch
- 3:30 Supervision 4
- 4:30 Supervision 5
- 5:45 Dinner
- 7:00 Practicum:
- 8:30 Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
- Silence into the Night

Friday
- 7:15 Lectio Divina (optional)
- 7:45 Breakfast
- 9:00 Reflection on and Discussion of Readings
- 10:00 Gathering the Graces
- 11:00 Closing – All School Prayer
- 12:00 Lunch
March 21-23, 2018
Integral Spirituality and a Rising Consciousness

Readings
Newell: "The Rebirthing of God: Christianity’s Struggle for New Beginnings" (whole book)

Wednesday
2:00    Gathering
2:45    Reporting in and Discussion of Issues in Spiritual Direction
3:30    Supervision 1
4:30    Supervision 2
5:45    Dinner
7:00    Supervision 3
8:30    All School Prayer
         Silence into the Night

Thursday
7:15    Centering Prayer (optional)
7:45    Breakfast
8:30    Morning Prayer; Reflections on the Silence
9:00    Integral Spirituality and Spiritual Direction
11:15   Practicum: Spiritual Direction with Instructor
12:30   Lunch
3:30    Supervision 4
4:30    Supervision 5
5:45    Dinner
7:00    Practicum:
8:30    Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
         Silence into the Night

Friday
7:15    Lectio Divina (optional)
7:45    Breakfast
9:00    Reflection on and Discussion of Readings
10:00   Gathering the Graces
11:00   Closing – All School Prayer
12:00   Lunch
Class Schedule

April 18-20, 2018
Spiritual Direction - The Dark Night and Dark Night Experiences

Readings
May – *The Dark Night of the Soul* (whole book)
Rupp – *Little Pieces of Light* (whole book)

Wednesday
2:00 Gathering
2:45 Reporting in and Discussion of Issues in Spiritual Direction
3:30 Supervision 1
4:30 Supervision 2
5:45 Dinner
7:00 Supervision 3
8:30 All School Prayer
Silence into the Night

Thursday
7:15 Centering Prayer (optional)
7:45 Breakfast
8:30 Morning Prayer; Reflections on the Silence
9:00 Dark Night and Spiritual Direction
11:15 Practicum: Spiritual Direction with Instructor
12:30 Lunch
3:30 Supervision 4
4:30 Supervision 5
5:45 Dinner
7:00 Practicum: Group Spiritual Direction (Buckley - Chapter 19; Wagner - Chapter 11)
8:30 Prayer (Prayer of Imagination, Examen, etc - TBA, optional)
Silence into the Night

Friday
7:15 Lectio Divina (optional)
7:45 Breakfast
9:00 Reflection on and Discussion of Readings
10:00 Gathering the Graces
11:00 Closing – All School Prayer
12:00 Lunch
May 16-18, 2018
Exploring Your Invitation to Ministry & Ethics - Part 3

Assignment
Examen of your Spiritual Direction Training Experience (month by month)

Readings
Buckley – Chapter 14
Spiritual Directors International Ethics Statement
Silver - Chapters 7-10

Wednesday
2:00 Gathering
2:45 Reporting in and Discussion of Issues in Spiritual Direction
3:30 Supervision 1
4:30 Supervision 2
5:45 Dinner
7:00 Supervision 3
8:30 All School Prayer
Silence into the Night

Thursday
7:15 Centering Prayer (optional)
7:45 Breakfast
8:30 Morning Prayer; Reflections on the Silence
9:00 Your noticing from your Examen and your Invitation from God, with Ethical Considerations in your Spiritual Direction Practice
11:15 Practicum: Spiritual Direction with Instructor
12:30 Lunch
3:30 Supervision 4
4:30 Supervision 5
5:45 Dinner
7:00 Practicum:
8:30 Prayer (Year End Celebration - TBA)
Silence into the Night

Friday
7:15 Lectio Divina (optional)
7:45 Breakfast
9:00 Praying our Goodbyes; Certificates of Completion
11:00 Closing – All School Prayer
12:00 Lunch

Sacred is the call! Awesome indeed the entrustment: Tending the Holy.

Spiritual Directors International

Revised: Thursday, June 09, 2016